

## SELF –REVELATION IN THE POETRY OF SYLVIA PLATH

RISHIKA SHARMA

Research Scholar, University of Jammu, India

### ABSTRACT

Poetry is the sudden overflow of emotions and from times immemorial poetry has come to the rescue of mankind whenever he/she wants a catharsis of one's emotions. Poetry as a genre of literature is much more complicated to comprehend. The novel or a drama or a story has something straightforward to tell but in case of poetry one has to go beyond the words to come to exact meanings of the poem. This paper attempts to study Sylvia Plath's poems and to make out that up to what extent her poetry was related to her own self.

**KEYWORDS:** Literature, Poetry, Confessional Poetry